



South African College High School

Newlands Avenue, Newlands 7700
Private Bag, Newlands 7725

Secretary: 021 689 4164/5/6, Fax: 021 685 2669
Email: highschool@saccollege.org.za
Website: www.saccollege.org.za

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NEWSLETTER NO. 22

Dear Parents

HEADMASTER'S INTRODUCTION

On Sunday our First Hockey Team won the Cape Town International Hockey Festival, beating Paul Roos Gymnasium 3-0 in showdowns after the match had ended in a 2-2 draw.

The look of joy on the faces of our boys and coaches was wonderful to see and indicative of all the sacrifice and hard work that has gone in over many years. Well done, chaps.

The same dedication is happening across many spheres of SACS life, be they academic, cultural, sporting or community engagement. I salute every one of our SACS community who is working so hard toward a positive goal.



THIS WEEKEND

This weekend we host our annual Winters Day versus Paul Roos Gymnasium at home.

Our First Rugby Team play at 12:30pm on Saturday on our Memorial A Field, whilst our First Hockey Team play on Friday at 5:45pm on our Brewery Astro turf.

Our Cross Country Team venture out at 3:00pm on Friday, our Mountain Bikers on Saturday at the University of Cape Town's track, our U15 and U19 Squash Teams on Friday at our squash courts, our First and Second Golf Teams on Friday at 3:00pm at De Zalze, our Debating Team on Friday at 4:30pm in our Library, as well as the surfers on Friday at Muizenberg.



BASTILLE DAY TRAIL RUN FESTIVAL

Well done to the following runners who participated in the Bastille Day Trail Run Festival on Saturday in Franschoek:

Ryan Ball placed third overall in the 25km race in an excellent time of 2h02.

Mr Parsons ran the 25km race in 3h27 and Josh Grieveson (Grade 10) was placed second overall in the 15km race in a time of 1h13min.

MOUNTAIN BIKING NEWS

Two SACS boys have excelled at National Level in Mountain Biking so far this year. Kai von During raced in the U16 Youth Boys Category and competed in the four rounds of the National Series, placing within the top 5 in every race. This consistency resulted in a second place overall for the year.

Luke Moir competed in five out of six rounds of the U18 Junior Boys Category and dominated the latter half of the season, producing four first places, which comfortably placed him as the number 1 Junior in South Africa. Both Kai and Luke travel up to Johannesburg next weekend for the South African Championships.



ZANEWONGA SENIOR SECONDARY SCHOOL OUTREACH



Each year SACS spend a little over a week travelling to and from Zanewonga Senior Secondary School in the Eastern Cape to tutor Mathematics and Physics to the Grade 11 and 12 students. This year SACS combined their efforts with Springfield Convent. Ms B. Smit accompanied the girls from Springfield and provided valuable insight into some of the more difficult Physics concepts. She also helped a Zanewonga past pupil, now in tertiary education, each day as he used his holiday time to come and study his Chemistry.



This journey is a life-changing experience. Having past pupils return to Zanewonga shows the drive and determination that can be instilled from this kind of connection. Students of Zanewonga that attend year after year recognised SACS and Springfield students and there were many smiles and stories shared before teaching got under way. We planned activities to encourage the social-connection, rather than diving headfirst into teaching. This worked wonderfully and culminated in the girls of Springfield hosting a session on empowering women, whilst the boys of SACS held a session with the Zanewonga gentlemen. These talks were vital in creating an understanding of each other's cultural perspectives and to develop a more sincere relationship.



This tour not only shows the dire state of education in some parts of our country, but also highlights the privileged lives of our students. In an effort to try, in some way to, understand the hardships the Zanewonga students face, we walked back one afternoon to the hotel, a three hour trek. This was after hearing that some students were walking 4 hours each morning to attend the revision classes.



This project brings into perspective the enormous task we face in trying to bridge the gaps in education and privilege. This responsibility shouldn't only fall onto the shoulders of such young members of our community. We hope that the experience is shared with friends and family to enable those that have the right networks to do as much as they can. Each evening discussions were held in order to try and process the emotions, find solutions and strengthen the vision we had for the project.

As well as tutoring the students at the school, we made care packages for the students with the money raised by SACS and Springfield. Inside the packs were sanitary pads, tubes of toothpaste, a shirt and other small items for them and their families. To end things, on Friday there were sports matches. Netball was played by both girls and boys this year and the soccer match ended with a penalty shootout!



Thanks must go to the Wepener family for all their efforts over the years. Ms Brock helped solve more than her fair share of Mathematic questions and has been a dependable and enthusiastic contributor for a number of years now. This year we had the good fortune of the Bacon family helping too and we managed to put a new roof on the girl's bathroom at the school thanks to them. John Schuurmans of Southern Air Con made it possible for us to gather various educational resources and do further construction at the school. The Peters family must also be thanked for their large contribution to the gift packages made.

We look forward to the tour next year and welcome any and all contributions towards it – Stuart Barnard.

On Tuesday 16 July SACS High School staff were addressed by Adrian Hayes, who gave an insightful and energetic presentation about traits that we should look to develop in the work force of the future, linking to the work carried out on SACS DNA. Adrian is in South Africa to launch his new book *'One Man's Climb'* where he tells the story of his journeys up K2. As well as being a record-breaking explorer, Adrian is also a leadership coach, a consultant for the Mars Project and a documentary maker.

In his presentation to staff, Adrian began by reflecting on the results of a survey that Google carried out approximately 18 months ago. Google asked over 400 CEOs worldwide of the attributes that they feel are missing in the workplace. The top 4 were Problem Solving, Teamwork, Critical Thinking and Communication. These results are interesting as the challenges facing society today are linked to the developing reliance on technology. Adrian spoke about satellite navigation and how we all use it to make our lives easier, but in doing so we are losing our sense of direction and it inhibits our use of our observation skills. When on an expedition, problem solving and critical thinking are key survival skills. You need your observation skills to obtain information to be able to rationalise, strategize and make decisions. Technology has its benefits, but we all need to adhere to strict guidelines when using it to help us find a balance.

When discussing teamwork, Adrian eluded to how successful sports teams like the All Blacks are, constantly working on developing teamwork skills. Part of the work Adrian does is on assumptions work where a charter is created where all members of the team understand each other's roles, responsibilities and, most importantly, how to interpret behaviours. This builds trust and helps the team to cope when things go wrong. Part of the work Adrian does with the Mars Project is about how to select a team rather than selecting the best individuals and hoping they will work as a team.

Communication is a skill that all members of a team need in order for the team to function effectively. Communication is complex, involving listening, speaking, giving feedback, making acknowledgements and assumptions (which can cause huge issues when using technology!).

Adrian closed his presentation by speaking about what it is that makes us determined and focussed, showing grit (SACS DNA). He said that the most important driver of this is to have clear goals set around a theme. The goals not only need to be personal and professional, but also need to address what you will be like to achieve the goals you have set, what Adrian calls 'being' goals. For example, your goal may be to climb Mount Everest, but in planning your journey you will only contact people involved by telephone or in person, not by emails.

We would like to thank Adrian for giving his time to SACS High School staff and wish him well for the future - Dawn Siso.



2019 DURBAN SQUASH INTER PROVINCIAL TOURNAMENT GROWTH-POINT PROPERTIES

OFFICIALS
 Devon Alperstein, Musa Malinga, Deon Hugo, Olance Mkize, Andre Naude, Marcus Oshry, Eldon Slabbert, Peter Ryder, Ian Harvey, Alex Hewitson, Gordon Rechner, Chris Boyes



SQUASH

Bevan Alperstein refereed throughout the week at the recent Jarvis Cup National Men's Squash Tournament and gained a Provincial Referee Qualification.

This is an exceptional honour to be bestowed on someone Bevan's age. Well done, Bevan.

THIS IS THE LOUDEST POSTER YOU'LL EVER READ.

We're not talking about a few namby-pamby muso's getting together to blow their own trumpets. No Sir. We're talking about the stonking, super talented, Infiniti SACS Old Boys Big Band belting out the best music of SUPER WOMAN: icons like Aretha Franklin, Tina Turner, Miriam Makeba, Whitney Houston, Shania Twain, Diana Ross and many more...

Come show off those well rehearsed 'River Deep, Mountain High' kitchen moves in the Hofmeyr Hall on the 7th August at 6pm and help the band celebrate Womens's Day by showing a little R-E-S-P-E-C-T.

Tickets are R100 on Webtickets, 7 August 6:15pm for 7:30pm, Hofmeyr Hall.
"Refreshments" will be on sale (for those who want to let out their inner Tina!)

The-greenhouse.co.za

Performed by



Presented by

SHOUT
MUSIC COMPANY



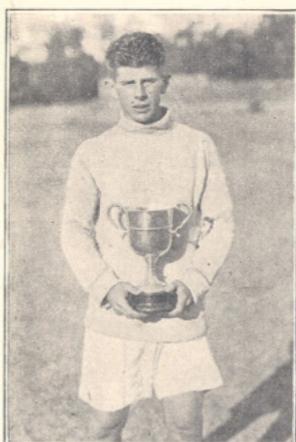
web tickets

Yours sincerely

Brendan Grant

**B.J. GRANT
HEADMASTER**

OUR OUTSTANDING ATHLETES AT PAARL.



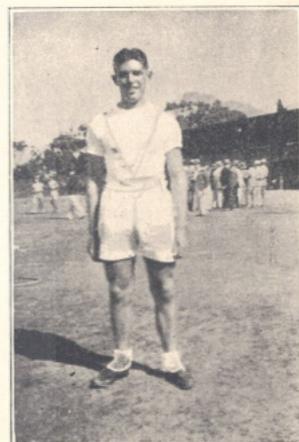
L. van der Spuy.



W. Williams.



M. Solomon.



E. Rossen.

- 1931 McDonald Athletics Cup at Paarl: (see picture below of SACS stars) SACS (the holders) 57 / Paarl Gym 21.5 / Paarl BHS 19 / Rondebosch 16 / Diocesan College 14
- 1931 Springbok Rugby Team to tour Britain: 2 Old Boys involved: WF Schreiner, Selection Committee Chairman, and Frank Waring on the wing.
- 1931 First XV Rugby Tour results: beat Kroonstad 14 - 4, beat Grey College 3 - 0, beat Pretoria Boys' High 14 - 12 and beat Wits University u19s 16 - 0
- 1931 production of "Twelfth Night" widely acclaimed! (see picture below)
- 1932 Swimming report: President - ANJ Rowland. RJ Loydell now holds the South African 220 yards record as well as most WP records. SACS were unbeaten in all the inter-schools team races

FROM THE SACS ARCHIVES ARTICLE TWENTY

FASCINATING SNIPPETS FROM SCHOOL MAGAZINES IN THE EARLY 1930s

"TWELFTH NIGHT"—HIDDINGH HALL.



- From the 1932 magazine : 'Of the 228 scholars chosen from South Africa to go to Oxford as Rhodes Scholars since 1903, 7.96% passed with 1st class degrees and 45% in the 2nd class. The greatest number of firsts was contributed by SACS and the Transvaal!
- The September 1934 magazine noted: 'before the first school magazine was published in 1905, two other journals existed - the 'SACS Tattler and the Rosedahlia'. 'The Tattler' of April 1903 wrote of the formation of the SACS Science club. In 1913 BG Melle was the first Rhodes Scholar to win an Oxford Cricket Blue' and in 1922 Afrikaans replaced Nederlands as a school subject.