



South African College High School

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NEWSLETTER NO. 21

Dear Parents

HEADMASTER'S INTRODUCTION

Our third term has kicked off with a busy and productive week which included our Grade 8 to 11 parent and teacher meetings. I was again reminded over the course of these two evenings of the extremely positive relationship we as the school have with our parents and how fortunate we are to have the positive support of so many outstanding people in our community. Thank you for giving up your time to attend these meetings.

Our SACS men continue to excel and the body of this newsletter records the outstanding exploits of many of our scholars over the holiday period. Many more will follow in the weeks to come. The scope and array of our mens' achievements is a source of ongoing pride for all of us here at SACS.



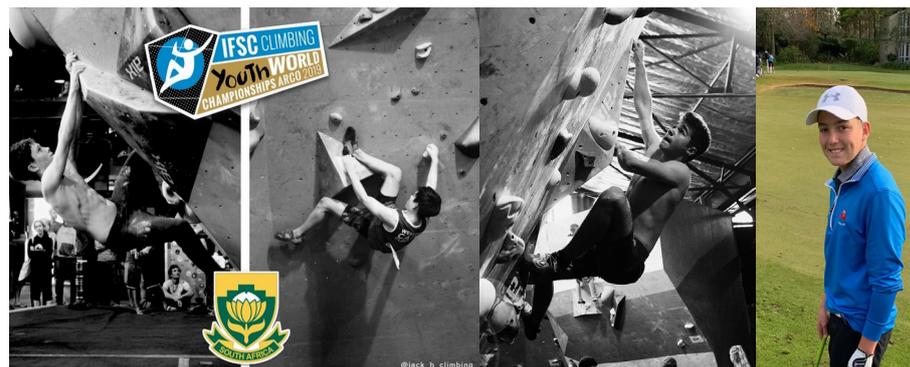
A WARM WELCOME

We are excited to welcome new staff member, Mr Yasir Gamielien, who joins our Science Department this term. Mr Gamielien matriculated at SACS in 2008 where he received Full Blues in recognition of his academic achievements.

He went on to study Chemical Engineering at the University of Cape Town. After some years of work as a Chemical Engineer, Mr Gamielien decided on a change of career and returned to university where he obtained his teaching qualification to become an educator. He has recently been employed as a teacher at Herschel and we are thrilled to welcome him back home to SACS.

ACHIEVEMENTS AND ACCOLADES

Jared Rodrigues and Jack Burningham have been selected to represent South Africa in Sport Climbing at the 2019 IFSC Youth World Championships in Arco, Italy. Nathan Ansell has been selected for the South African U17 Hockey Squad, whilst Luke D'Aguiar has been selected for the South African U18 Schools Team and Damian Knott and Thomas Brocklehurst for the South African U16 Hockey Squad. Iliya Meyer has been selected for the National Big Band.



Zach Baskir and William Tweddle were part of the Western Province U19B Squash team who recently won a Gold medal at the IPT.

Bevan Alperstein and Andrew Junor have been invited to referee at the Jarvis Cup Senior IPT Squash Tournament in Durban.

Abdul-Aziz Thompson received a Bronze medal at the South African Judo Championships.

Matthew Lotz finished ninth in the U15 South African Nomads Golf Championships and tied twenty-eighth in the U17 South African Nomads Golf Championship.

Zach Baskir was chosen for the Western Province Team which participated in the National Inter-Provincial Science finals. Western Province placed second overall and Zach was one of the thirteen scholars who achieved a distinction in the individual section.

Caden Sampson and Luke Canning participated in the South African Senior National Fencing Championships. Caden reached the finals, losing 15 - 7. In the team events, Luke's team received Silver medals and Caden's team Gold medals.



CROSS COUNTRY SCHOOL TOUR

Five top SACS runners, Ryan Ball, Joshua Grieveson, Simon Bean, Oliver Finlay and Tyler Micklethwaite, were coached by Mr Wayne Parsons and Mr Dave MacKinnon while trail running in the famous scenic mountain icons of the Maltese Cross and the Wolfberg Arch.

The training started on arrival at rest camp with a 20km night run, returning for a late night braai at 10pm. The following morning the boys charged up the climb of the Wolfberg Cracks at 5am. Breakfast of naartjies at sunrise at the Arch and then a 10km jog across the escarpment, and a sharp descent back to camp for lunch. The afternoon was leisurely, including a hike to Maalgat, and a freezing rock pool with high cliff jumping. The final day's run was a gentle 8km tour of the Valley of the Red Gods. An adventurous and tough, but memorable tour.



PADDY UPTON - WINNING WITH KIDS

On Tuesday 23 July from 7:30am to 8:30am, Paddy Upton will address staff and parents on providing healthy and sustainable sport participation for our kids, setting them up for a lifetime of success, both on and off-the-field.

Paddy is a Head Coach in Professional T20 Cricket, Mental Coach to professional athletes, Executive Coach and Professor of Practice at Deakin University. His talk will focus on enhanced participation and winning, redefining what winning really means. Paddy has recently published his first book, *The Barefoot Coach*, and he will touch on aspects from this book in his talk.

The talk will take place in the Hofmeyr Hall. If you would like to attend, please click on the link below and complete the Google form.

<https://forms.gle/E3SheDSB36bPaQDb9>

For more information, please contact Graeme Wepener (wepenerg@sacollege.org.za) or Dawn Siso (sisod@sacollege.org.za).

Yours sincerely

**B.J. GRANT
HEADMASTER**

HISTORY SOCIETY COMMITTEE

Congratulations to Christopher Breetzke (Chairman), Thomas Russell (Vice-Chairman) and their new Committee on their election.

The Committee is very vibrant and is thoroughly involved in the historical life of the school - from the Archives, to displays, welcoming and thanking guest speakers, updating of corridor photographs, competing in inter-school quizzes, etc.



CHORAL COLLABORATION

The annual Choral Collaboration ("The Armed Man") between SACS, Rustenburg Girls' High School and Rondebosch Boys' High School takes place on Tuesday 23 and Wednesday 24 July 2019 at 7:30pm (Cape Town City Hall).

Tickets for "The Armed Man" can be booked online at <https://qkt.io/ArmedMan>

Please come and support our young musicians in what is to be a night not to miss.

THE ARMED MAN
A Mass for Peace
KARL JENKINS

Cape Town City Hall
23 & 24 July 2019 // 19h30
Tickets // R150 qkt.io/ArmedMan

CONDUCTOR : ALEXANDER FOKKENS

BRITTANY SMITH Soprano	VASTI KNOESEN Mezzo-Soprano
MAKUDUPANYANE SENAOANA Tenor	BAREND VAN DER WESTHUIZEN Baritone

Featured works:
ARLINGTON // Paul Murtha
COMMEMORATION OVERTURE // Robert Sheldon
MOUNTAIN THYME // Samuel R. Hazo
FIRST MOVEMENT FROM PIANO CONCERTO NO 1 IN E MINOR OPUS 11 // Frederic Chopin
Soloist: Jijoon Jeon



FROM THE SACS ARCHIVES: ARTICLE TWENTY SACS MOUNTAIN CLUB - 100 YEARS THIS YEAR

In 1919 the SACS Mountain Club was established. Two years later a group of boys sitting in the Avenue in Town, munching their lunch time sandwiches made a pact. They were all members of the Mountain Club and in stating their intention to keep on mountaineering after leaving school, agreed to put their decision to the test by meeting at Maclear's Beacon, on Table Mountain, on the last Sunday of March, 1931, ten years later. Among those who made the 'pact' were: K Howes-Howell, Dale, Raphaely, Flegg, Robottom, Keppel-Jones (world famous Historian) and Johnston.

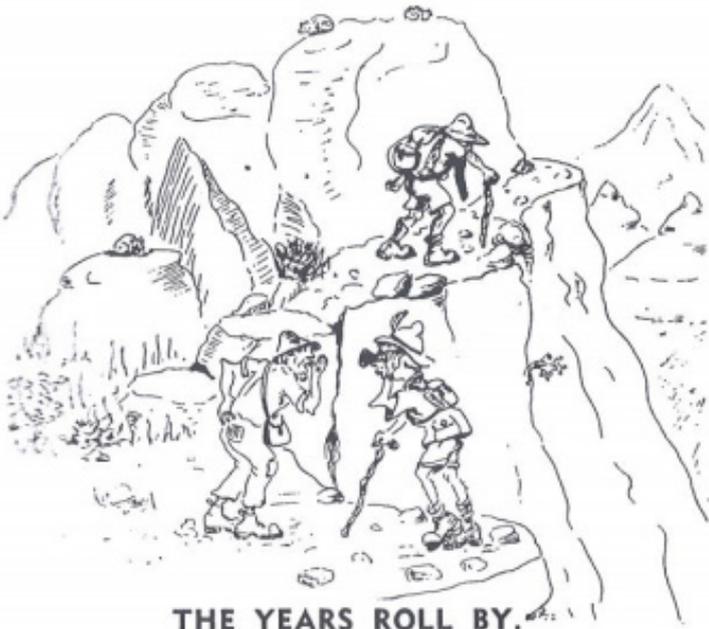
Unbidden by anyone, these men, except for those who were away from Cape Town, made their way to the beacon on the appointed day and time, 12 noon. They invited members of the school Mountain Club to be present. Meets were arranged to happen every ten years thereafter and have been held in 1940, 1950, 1960, 1970, 1980, 1990, 2000 and 2010. The last Sunday of March (29 March, which will be during the holidays) next year, 2020, is the next scheduled gathering!

At present the Mountain Club is dormant and awaits its next enthusiastic staff member to get things going again!

A Party of SACS Mountain Club, taken in 1919



The Originators of the Ten-Yearly Meets of the S.A.C.S. Mountain Club at their first Ten-Yearly Meet at Maclear's Beacon, Table Mountain on Sunday, 29th March, 1931.



A cartoon drawn in 1950, by his friend Charles West, of Ken Howes-Howell and his party ascending to the 1960 ten-yearly anniversary meet of the S.A.C.S. Mountain Club.



E. Dale, N. Flegg
W. Cuthbert, K. Howes-Howell, M. Raphaely
A. M. Keppel-Jones was away from Cape Town.

Old Members of the S.A.C.S. Mountain Club at the Third Ten-Yearly Reunion, Maclear's Beacon, Table Mountain, 26th March, 1950.



R. Johnston, M. Raphaely, K. Howes-Howell, H. Cohen, H. Birch, N. Flegg, E. Robottom.
Howes-Howell, Raphaely and Flegg are members of the original party, which arranged the Ten-Yearly Meets on the last Sunday in March of the tenth year.

The Fourth Ten-Yearly Anniversary Meet of the S.A.C.S. Mountain Club at Maclear's Beacon, Table Mountain, on Sunday, 27th March, 1960.



Ken Howes-Howell (with Max Raphaely next to him) addresses some fifty schoolboys at the Beacon. Some thirty Old Boys are spread around in a circle outside the picture.
Some of the older Old Boys present

With old climbing friends at the Reunion on 27th March, 1960.



H. Cohen, M. Raphaely, E. Dale, K. Howes-Howell, R. Johnston.



On Howes-Howell's left (wearing hat) is S. J. Levin, who was present at the inaugural climb of the S.A.C.S. Mountain Club in 1919. Behind Ken, to his right is Pat Dale while Max Raphaely is to the extreme left of the back row.