



2025 QUADRANGULAR PROGRAM

## QUADRANGULAR OFFICIALS: WEDNESDAY, 26TH FEBRUARY 2025

Host:	B Grant
Field Referee:	J Peverley
Track Referee:	J Owusu-Sekyere
Starter:	G Klerck
Assistant Starter:	P Court
Time Keepers:	N Maurer (MiC), W Kew, M Julie, B Arendse, P Loubser, K Kwakhona, J Pretorius, T Samaai, G Paarman, S Bey-Martin, N Holm, L Adriaanse, O Bergman
Scribe:	C Schumann and M Cooper
Place Judges:	C Jones (MiC), S Slamdien, S Booley, Z Titus, T Davids, B Wiley, H Earl, S Norris, I Saiset, W Parsons, G Steenkamp
Corner & Relay Judges:	C Hammond, J Stevens, and C Hummel
High Jump Pit A:	G Meleka (MiC), M Fakier, L Coetzee, K Brock
High Jump Pit B:	C Smith (MiC), C Kisbey-Green, S Sonderup
Long Jump:	M Mbambisa (MiC), D Mallet, D Motsi, D Geldenhuys
Shot Put:	C Sampson (MiC), A Bezuidenhout, R Jacobs, J Bekker
Discus:	N Mureguzi (MiC), J Evans, L Cleophas, W Botha
Javelin:	R Borchardt (MiC), J Classen, G Ackerman, B Punt
Announcer:	A Smith
School Athletics Captains:	L Schalkwyk (SACS) R Scott (Rondebosch) D Jacobs (Wynberg) Pending (Bishops)



## ORDER OF EVENTS (FIELD)

14:00	2	Discus	U19
14:00	3	High Jump (Pit A)	U19
14:00	4	Shotput	U16
14:00	5	High Jump (Pit B)	U15
14:00	6	Long Jump	U14
14:00	7	Javelin	U15
14:45	16	Long Jump	U19
14:45	17	Javelin	U19
14:45	18	High Jump (Pit A)	U16
14:45	19	High Jump (Pit B)	U14
14:45	20	Shotput	U14
15:15	25	Shotput	U15
15:15	26	Long Jump	U15
15:15	27	Discus	U16
15:15	28	Javelin	U16

### INTERVAL

16:10	34	Long Jump	U16
16:10	35	Discus	U15
16:10	36	Shotput	U19



## ORDER OF EVENTS (TRACK)

14:00	1	3000m	U19
14:10	8	800m	U14
14:15	9	800m	U15
14:20	10	800m	U16
14:25	11	800m	U19
14:30	12	100m	U14
14:35	13	100m	U15
14:40	14	100m	U16
14:45	15	100m	U19
15:00	21	1500m	U14
15:05	22	1500m	U15
15:10	23	1500m	U16
15:15	24	1500m	U19
15:20	29	200m	U14
15:25	30	200m	U15
15:30	31	200m	U16
15:35	32	200m	U19

**INTERVAL**



## ORDER OF EVENTS CONT. (TRACK)

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16:10	33	80m Hurdles	U14
16:15	37	100m Hurdles	U15
16:20	38	100m Hurdles	U16
16:25	39	110m Hurdles	U19
16:30	40	400m	U14
16:35	41	400m	U15
16:40	42	400m	U16
16:45	43	400m	U19
16:50	44	4 x 100m	U14
16:55	45	4 x 100m	U15
17:00	46	4 x 100m	U16
17:05	47	4 x 100m	U19



# PROGRAM

<b>Event: 1</b>	<b>14:00</b>	<b>3000m</b>	<b>U19</b>
<i>Record</i>	<i>8:41,5s</i>	<i>K. Reilly (B) - 2010</i>	
Z. Redfern	SACS	M. Nkatsha	WBHS
R. Wille	SACS	O. Bearne	WBHS
R. Scott	RBHS	J. Phillipson	BISH
T. McWilliam	RBHS	C. McLagan	BISH
<b>Event: 2</b>	<b>14:00</b>	<b>Discus</b>	<b>U19</b>
<i>Record:</i>	<i>44,30m</i>	<i>S. Bonthuys (R) - 1991</i>	
N. Nettman	SACS	J. Orange	WBHS
S. Kruger	SACS	A. Machinja	WBHS
M. van der	RBHS	E. Venter	BISH
A. Muswandigere	RBHS	E. Geduld	BISH
<b>Event: 3</b>	<b>14:00</b>	<b>High Jump (Pit A)</b>	<b>U19</b>
<i>Record:</i>	<i>1,95m</i>	<i>C. Wilson (B) - 1981</i>	
D. Bristow	SACS	M. Stokes	WBHS
H. Bell	SACS	L. Rens	WBHS
T. Mahnke	RBHS	D. Newton	BISH
A. Benecke	RBHS	T. Thirion	BISH
<b>Event: 4</b>	<b>14:00</b>	<b>Shotput</b>	<b>U16</b>
<i>Record:</i>	<i>14,62m</i>	<i>J. Strauss (R) - 2016</i>	
J. Sale	SACS	J. Igilige	WBHS
L. Liebenberg	SACS	R. Clarke	WBHS
F. van Ees	RBHS	J. Horton	BISH
K. November	RBHS	C. Reid	BISH
<b>Event: 5</b>	<b>14:00</b>	<b>High Jump (Pit B)</b>	<b>U15</b>
<i>Record:</i>	<i>1,88m</i>	<i>R. Haupt (R) - 1986</i>	
S. Jensen	SACS	D. Wilson	WBHS
J. Alexander	SACS	S. George-Louis	WBHS
D. Wright	RBHS	C. Paulsen	BISH
L. Williams	RBHS	C. Mentoor	BISH



# PROGRAM

<b>Event: 6</b>	<b>14:00</b>	<b>Long Jump</b>	<b>U14</b>
<i>Record:</i>	<i>5,82m</i>	<i>M. Nel (B) - 2003</i>	
K. Stanley	SACS	J. Gonsalves	WBHS
D. Daniels	SACS	A. Davidse	WBHS
J. Cloete	RBHS	K. Croy	BISH
A. Meldau	RBHS	L. Hutchinson	BISH
<b>Event: 7</b>	<b>14:00</b>	<b>Javelin</b>	<b>U15</b>
<i>Record:</i>	<i>51,74m</i>	<i>D. Cornell (R) - 2010</i>	
S. Jensen	SACS	S. Paulse	WBHS
T. Mutungesa	SACS	D. Meyer	WBHS
A. du Plessis	RBHS	X. McLachlan	BISH
A. Roji	RBHS	C. Mentoor	BISH
<b>Event: 8</b>	<b>14:10</b>	<b>800m</b>	<b>U14</b>
<i>Record:</i>	<i>2:10,0s</i>	<i>O. Stewart (B) - 2015 &amp; Z. Hillman (R) - 2023</i>	
J. Vertue	SACS	J. van der Merwe	WBHS
L. Presence	SACS	S. Davids	WBHS
D. Benecke	RBHS	O. Muller	BISH
P. Maritz	RBHS	C. Traill	BISH
<b>Event: 9</b>	<b>14:15</b>	<b>800m</b>	<b>U15</b>
<i>Record:</i>	<i>2:01,1s</i>	<i>O. Stewart (B) - 2016</i>	
B. McLean	SACS	C. Widelski	WBHS
T. Melling-Williams	SACS	Z. Harker	WBHS
G. Scott	RBHS	R. Andersson	BISH
A. Afonso	RBHS	T. Spangenberg	BISH
<b>Event: 10</b>	<b>14:20</b>	<b>800m</b>	<b>U16</b>
<i>Record:</i>	<i>1:57,5s</i>	<i>J. Sparks (R) - 1982</i>	
J. Dave	SACS	J. Gulle	WBHS
C. Betz	SACS	L. Soci	WBHS
Z. Hillman	RBHS	N. McLagan	BISH
Z. Janse van Rensburg	RBHS	N. Lowther	BISH





# PROGRAM

<b>Event: 11</b>	<b>14:25</b>	<b>800m</b>	<b>U19</b>
<i>Record:</i>	<i>1:56,7s</i>	<i>N. Steele (B) - 2010</i>	
N. Oscanft	SACS	D. Jacobs	WBHS
C. Maier	SACS	J. Albrecht	WBHS
E. Galp	RBHS	N. Perez	BISH
H. Soboil	RBHS	C. McLagan	BISH
<b>Event: 12</b>	<b>14:30</b>	<b>100m</b>	<b>U14</b>
<i>Record:</i>	<i>11.4s</i>	<i>L. Buck (R) - 2018</i>	
E. Curtis	SACS	A. Davidse	WBHS
S. Nyashanu	SACS	M. Frieslaar	WBHS
J. Cloete	RBHS	S. Davids	BISH
O. Ramncwana	RBHS	N. Murefu	BISH
<b>Event: 13</b>	<b>14:35</b>	<b>100m</b>	<b>U15</b>
<i>Record:</i>	<i>11,1s</i>	<i>M. Mavovana (R) – 2013 &amp; D. Von Den Heyden (B) - 2022</i>	
L. Boonzaaier	SACS	K.Okkers	WBHS
L. Nortje-Skillicorn	SACS	A. Mathlay	WBHS
L. Linnen	RBHS	I. Hendricks	BISH
C. Muller	RBHS	M. Smith	BISH
<b>Event: 14</b>	<b>14:40</b>	<b>100m</b>	<b>U16</b>
<i>Record:</i>	<i>10,9s</i>	<i>D. Von Der Heyden (B) - 2023</i>	
N. Koen	SACS	L. Reed	WBHS
J. Forbes	SACS	R. Ahmed	WBHS
J. Kirby	RBHS	C. Clarke	BISH
L Daames	RBHS	B. Durrant	BISH
<b>Event: 15</b>	<b>14:45</b>	<b>100m</b>	<b>U19</b>
<i>Record: 10,6s</i>	<i>E. Thomas (W) – 2023 &amp; C. Williams (S) - 2024</i>		
L. Schalkwyk	SACS	Z. De Cock	WBHS
A. Steenveld	SACS	M. Gabriels	WBHS
C. Anibal	RBHS	D. Von Der Heyden	BISH
D. Arendse	RBHS	N. Deckenbrock	BISH





# PROGRAM

<b>Event: 16</b>	<b>14:45</b>	<b>Long Jump</b>	<b>U19</b>
<i>Record:</i>	<i>6,87m</i>	<i>K. O'Donnel (R) - 1969</i>	
A. Steenveld	SACS	M. Noble	WBHS
J. Gorgens	SACS	K. Gadu	WBHS
L. Maqina	RBHS	B. Myburgh	BISH
D. Lodwick	RBHS	B. Koenig	BISH
<b>Event: 17</b>	<b>14:45</b>	<b>Javelin</b>	<b>U19</b>
<i>Record:</i>	<i>62,80m</i>	<i>N. Hablutzel (R) - 1981</i>	
S. Kruger	SACS	A. Machinja	WBHS
R. Cunningham	SACS	N. Mohamed	WBHS
J. Hundermark	RBHS	L. Mbiko	BISH
S. Boshoff	RBHS	D. Von Der Heyden	BISH
<b>Event: 18</b>	<b>14:45</b>	<b>High Jump (Pit A)</b>	<b>U16</b>
<i>Record:</i>	<i>1,87m</i>	<i>N. Henshilwood (S) - 1994</i>	
C. Gibson	SACS	K. Besi	WBHS
R. Wille	SACS	K. Isaacs	WBHS
M. Rudden	RBHS	T. Eihle	BISH
G. Vaughan	RBHS	C. Nogantshi	BISH
<b>Event: 19</b>	<b>14:45</b>	<b>High Jump (Pit B)</b>	<b>U14</b>
<i>Record:</i>	<i>1,72m</i>	<i>B. Sparg (S) - 1992</i>	
S. Nyashanu	SACS	B. Petersen	WBHS
J. Mvumbi	SACS	A. Davidse	WBHS
A. van der Merwe	RBHS	N. Maree	BISH
M. Miller	RBHS	U. Sontshaka	BISH
<b>Event: 20</b>	<b>14:45</b>	<b>Shotput</b>	<b>U14</b>
<i>Record:</i>	<i>15,79m</i>	<i>D. Simon (R) - 2020</i>	
E. Gold	SACS	A. Krohn	WBHS
G. Glass	SACS	N. Ndudula	WBHS
C. Bryant	RBHS	M. Brown	BISH
C. Daniel	RBHS	U. Sontshaka	BISH



# PROGRAM

<b>Event: 21</b>	<b>15:00</b>	<b>1500m</b>	<b>U14</b>
<i>Record:</i>	<i>4:44,4s</i>	<i>M. Robinson (S) - 2023</i>	
J. Vertue	SACS	R. Steyn	WBHS
L. Presence	SACS	K. Swanepoel	WBHS
C. Faulkner	RBHS	C. Traill	BISH
Q. Plaatjies	RBHS	W.Verhage	BISH
<b>Event: 22</b>	<b>15:05</b>	<b>1500m</b>	<b>U15</b>
<i>Record:</i>	<i>4:14,7s</i>	<i>O. Stewart (B) - 2016</i>	
K. van der Merwe	SACS	N. Maho	WBHS
D. Meyer	SACS	R. Williams	WBHS
G. Scott	RBHS	M. Ratcliffe	BISH
A. Afonso	RBHS	T. Spangenberg	BISH
<b>Event: 23</b>	<b>15:10</b>	<b>1500m</b>	<b>U16</b>
<i>Record:</i>	<i>4:11,5s</i>	<i>J. Sparks (R) - 1985</i>	
M. Robinson	SACS	J. Gulle	WBHS
T. Comninos	SACS	D. Cooper-Williams	WBHS
R. Williams	RBHS	N. McLagan	BISH
O. van Zyl-Smith	RBHS	N. Lowther	BISH
<b>Event: 24</b>	<b>15:15</b>	<b>1500m</b>	<b>U19</b>
<i>Record:</i>	<i>4:05,1s</i>	<i>O. Stewart (B) - 2019</i>	
N. Oscroft	SACS	J. Burger	WBHS
C. Maier	SACS	J. van Zyl	WBHS
R. Scott	RBHS	N. Perez	BISH
T. McWilliam	RBHS	J. Phillipson	BISH
<b>Event: 25</b>	<b>15:15</b>	<b>Shotput</b>	<b>U15</b>
<i>Record:</i>	<i>15,79m</i>	<i>K. Dolley (S) - 2002</i>	
N. Ogonji	SACS	J. Last	WBHS
L. Charalambous	SACS	D. Meyer	WBHS
R. Davids	RBHS	X. McLachlan	BISH
A. Adonis	RBHS	C. Mentoor	BISH



# PROGRAM

<b>Event: 26</b>	<b>15:15</b>	<b>Long Jump</b>	<b>U15</b>
<i>Record:</i>	<i>6,71m</i>	<i>D. Amissi (R) - 2020</i>	
S. Theunissen	SACS	A. Mathlay	WBHS
J. Alexander	SACS	D. Wilson	WBHS
B. Rosewell	RBHS	J. Edwards	BISH
C. Muller	RBHS	C. Paulsen	BISH
<b>Event: 27</b>	<b>15:15</b>	<b>Discus</b>	<b>U16</b>
<i>Record:</i>	<i>54,24m</i>	<i>C. Hayward (B) - 1976</i>	
F. Wessels	SACS	J. Banda	WBHS
L. Liebenberg	SACS	D. van Reenen	WBHS
M. Pelsler	RBHS	C. Reid	BISH
F. van Ees	RBHS	L. Skillicorn	BISH
<b>Event: 28</b>	<b>15:15</b>	<b>Javelin</b>	<b>U16</b>
<i>Record:</i>	<i>54,25m</i>	<i>N. Hablutzal (R) - 1986</i>	
T. Hansen	SACS	R. Johnson	WBHS
F. Wessels	SACS	K. Lane	WBHS
M. Rudden	RBHS	C. Reid	BISH
G. Vaughan	RBHS	R. Vincent	BISH
<b>Event: 29</b>	<b>15:20</b>	<b>200m</b>	<b>U14</b>
<i>Record:</i>	<i>23,4s</i>	<i>L. Reed (W) - 2023</i>	
E. Curtis	SACS	A. Davidse	WBHS
S. Nyashanu	SACS	S. Jeausche	WBHS
J. Cloete	RBHS	S. Davids	BISH
C. Rosslee	RBHS	N. Murefu	BISH
<b>Event: 30</b>	<b>15:25</b>	<b>200m</b>	<b>U15</b>
<i>Record:</i>	<i>22,8s</i>	<i>R. Jeftha (B) - 2003</i>	
L. Boonzaaier	SACS	K. Okkers	WBHS
L. Nortje-Skillicorn	SACS	C. Kruger	WBHS
L. Linnen	RBHS	I. Hendricks	BISH
R. Finegan	RBHS	M. Smith	BISH



# PROGRAM

<b>Event: 31</b>	<b>15:30</b>	<b>200m</b>	<b>U16</b>
<i>Record: 22,8s</i>	<i>S. Hartzenberg (B) - 2019</i>		
J. Dave	SACS	L. Reed	WBHS
J. Forbes	SACS	R. Ahmed	WBHS
K. Nkwana	RBHS	B. Durrant	BISH
S. George	RBHS	C. Clark	BISH

<b>Event: 32</b>	<b>15:35</b>	<b>200m</b>	<b>U19</b>
<i>Record: 22,2s J. Collins (S) - 1977</i>			
A. Steenveld	SACS	Z. De Cock	WBHS
L. Schalkwyk	SACS	P. James	WBHS
C. Anibal	RBHS	D. Von Der Heyden	BISH
D. Arendse	RBHS	R. Gordon	BISH

## Interval 15:40 – 16:10

<b>Event: 33</b>	<b>16:10</b>	<b>80m Hurdles</b>	<b>U14</b>
<i>Record:</i>	<i>11,8s</i>	<i>Z. Prins (B) - 2004 &amp; C. Clark (B) - 2023</i>	
M. November	SACS	A. Davidse	WBHS
A. van der Merwe	RBHS	K. Croy	BISH

<b>Event: 34</b>	<b>16:10</b>	<b>Long Jump</b>	<b>U16</b>
<i>Record:</i>	<i>6,65m</i>	<i>M. Mavovana (R) - 2014</i>	
T. Loots	SACS	K. Besi	WBHS
L. Orgill	SACS	A. Kader	WBHS
J. Veck	RBHS	C. Clarke	BISH
S. Mamane	RBHS	E. Tsobo	BISH

<b>Event: 35</b>	<b>16:10</b>	<b>Discus</b>	<b>U15</b>
<i>Record:</i>	<i>46,39m</i>	<i>J. Strauss (R) - 2015</i>	
T. Mutungesa	SACS	J. Last	WBHS
A. Swala	SACS	S. Paulse	WBHS
J. Dicey	RBHS	S. McLachlan	BISH
A. du Plessis	RBHS	C. Mentoer	BISH



# PROGRAM

<p><b>Event: 36</b></p> <p><i>Record:</i></p> <p>A. Mawu</p> <p>R. Cunningham</p> <p>M. van der Merwe</p> <p>A. Muswandigere</p>	<p><b>16:10</b></p> <p><i>15,56m</i></p> <p>SACS</p> <p>SACS</p> <p>RBHS</p> <p>RBHS</p>	<p><b>Shotput</b></p> <p><i>R. Van Schalkwyk (S) - 2015</i></p> <p>J. Orange WBHS</p> <p>T. Karuhumba WBHS</p> <p>E. Venter BISH</p> <p>D. Von Der Heyden BISH</p>	<p><b>U19</b></p>
<p><b>Event: 37</b></p> <p><i>Record:</i></p> <p>A. Mitchell</p> <p>T. Kent</p>	<p><b>16:15</b></p> <p><i>13,6s</i></p> <p>SACS</p> <p>RBHS</p>	<p><b>100m Hurdles</b></p> <p><i>Z. Prins (B) - 2005</i></p> <p>-</p> <p>K. Van Der Vyver</p>	<p><b>U15</b></p> <p>WBHS</p> <p>BISH</p>
<p><b>Event: 38</b></p> <p><i>Record:</i></p> <p>M. Viljoen</p> <p>S. Mamane</p>	<p><b>16:20</b></p> <p><i>13,3s</i></p> <p>SACS</p> <p>RBHS</p>	<p><b>100m Hurdles</b></p> <p><i>U. Jacobs (B) - 2008</i></p> <p>J. Roman WBHS</p> <p>C. Clark BISH</p>	<p><b>U16</b></p>
<p><b>Event: 39</b></p> <p><i>Record:</i></p> <p>J. Gorgens</p> <p>E. Williams</p>	<p><b>16:25</b></p> <p><i>14,3s</i></p> <p>SACS</p> <p>RBHS</p>	<p><b>110m Hurdles</b></p> <p><i>U. Jacobs (B) - 2010</i></p> <p>-</p> <p>L. Nyawula</p>	<p><b>U19</b></p> <p>WBHS</p> <p>BISH</p>
<p><b>Event: 40</b></p> <p><i>Record:</i></p> <p>S. Nyashanu</p> <p>A. van der Merwe</p>	<p><b>16:30</b></p> <p><i>54,4s</i></p> <p>SACS</p> <p>RBHS</p>	<p><b>400m</b></p> <p><i>Z. Hillman (R) - 2023</i></p> <p>M. Frieslaar WBHS</p> <p>L. Seloka BISH</p>	<p><b>U14</b></p>
<p><b>Event: 41</b></p> <p><i>Record:</i></p> <p>J. Gorgens</p> <p>B. Rosewell</p>	<p><b>16:35</b></p> <p><i>51,5s</i></p> <p>SACS</p> <p>RBHS</p>	<p><b>400m</b></p> <p><i>R. Jeftha (B) - 2003</i></p> <p>J. Okuka WBHS</p> <p>M. Smith BISH</p>	<p><b>U15</b></p>



# PROGRAM

**Event: 42***Record:*

J. Dave

Z. Hillman

**16:40***51,8s*

SACS

RBHS

**400m***K. Barnard (R) - 2019*

R. Clarke

B. Durrant

**U16**

WBHS

BISH

**Event: 43***Record:*

C. Boock

D. Lodwick

**16:45***49,9s*

SACS

RBHS

**400m***M. Breetzke (S) - 2016*

M. Noble

R. Gordon

**U19**

WBHS

BISH

**Event: 44***Record:***16:50***47,0s*

SACS

RBHS

**4 x 100m Relay***SACS - 2015*

WBHS

BISH

**U14****Event: 45***Record:***16:55***45,0s*

SACS

RBHS

**4 x 100m Relay***Rondebosch - 2013*

WBHS

BISH

**U15****Event: 46***Record:***17:00***44,8s*

SACS

RBHS

**4 x 100m Relay***Rondebosch - 2014*

WBHS

BISH

**U16****Event: 47***Record:***17:05***43,5s*

SACS

RBHS

**4 x 100m Relay***Bishops - 2010, Rondebosch - 2015 & 2016*

BHS

BISH

**U19**